

Summary of the final qualifying work

The topic of the final qualifying work: "Psychological prevention of aggressive attitudes as a condition for overcoming crisis conditions in the youth environment"

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Information about the customer organization: MBOU SOSH no. 22 Pyatigorsk's.

The relevance of the research topic due to the contradiction between the increased opportunities for individual self-expression and all the unpredictability of life formation, poor controllability of their own lives; between respect for social norms and the expression of personality; between adaptation to new conditions of life and natural development processes of the organism.

Purpose: organization of psychological work on prevention of aggressive attitudes in the youth environment, as a condition for overcoming crisis States.

Object of research: high school students who exhibit aggressive attitudes.

Subject of research: features of experiencing crisis States in young people who have aggressive attitudes; activities of a psychologist to prevent aggressive attitudes in the youth environment.

Research hypotheses:

1. Aggressive attitudes in the youth environment are determined by individual and personal characteristics and conditions that determine the manifestations of crisis experiences in the process psychological adaptation to adult life.
2. Organization of special classes-interactions based on convergent learning contribute to reducing aggressive attitudes and stimulate students ' need for self-knowledge, self-analysis, and the desire to eliminate negative trends in personal development.

Tasks:

1. Conduct a theoretical analysis of the problem of the emergence of aggressive attitudes of the individual and reveal the essence and features of their formation in the youth environment.

2. Identify the dynamics of aggressive attitudes among young people.
3. Reveal the psychological factors that contribute to reducing the crisis conditions of young people.
4. Empirically determine the nature of motivational and value manifestations of aggressive attitudes on the example of students.
5. Develop a program for psychological prevention of aggressive attitudes among young people.
6. Present the generalized results of the study.

Theoretical and practical significance of the research:

- new scientific knowledge has been obtained about ways to conduct preventive actions in relation to the appearance of signs of youth aggression;
- developed a conceptual approach and differentiated forms of psychological prevention of aggression;
- the effectiveness of the program of psychological prevention of aggressive attitudes in the youth environment has been experimentally tested.

Research result

The positive dynamics in reducing aggressive attitudes of high school students is shown. Adaptive coping strategies have been formed that promote positive self-acceptance and allow us to effectively overcome life's crisis situations without disrupting personal development events.

Recommendations:

As a prospect for further work in the direction of psychological prevention of aggressive attitudes, as a condition for overcoming crisis conditions in the youth environment, we can recommend:

- 1) involvement of parents as partners in the prevention of aggressive attitudes Program;
- 2) development of a comprehensive program for the prevention of aggressive attitudes in the youth environment with the definition of a specific mechanism for action on this problem by specialists in the field of psychology of crisis situations.