

ABSTRACT

**Final qualifying work on the theme:** "Conflict resolution and prevention in sports"

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The structure of the work is determined by the purpose, objectives and internal logic of the problem and consists of an introduction, two chapters consisting of 4 paragraphs, conclusion, bibliography, consisting of 80 sources, 4 applications. The total amount of work is 97 pages of printed text.

**Key words:** Sports conflict, "Fair play", competition, prevention, settlement procedures, contradiction.

**The relevance of a subject of research.** Relevance of the research topic. In modern society, the science of sport is becoming increasingly important, because physical culture and sport are the engine of peace and dialogue between peoples and cultures, a means to increase welfare and stimulate human development. However, in any socially significant environment, such a phenomenon as conflict is inevitable and sport is no exception.

**Research objective** is to develop recommendations for the settlement and prevention of conflicts in sports.

**Research problems:** 1) to investigate the concept and essence of conflicts in sports; 2) to identify the sources of conflicts in sports; 3) to explore ways to resolve sports conflicts; 4) to develop recommendations for the settlement and prevention of conflicts in sports.

**Recommendations:**

1. To enshrine in the Statutes of all sports federations, without exception, the need for compulsory recourse to arbitration in the resolution of international sports disputes. For the International Olympic Committee (IOC).

2. Make the amendment and fix qualification requirements to the sports mediator at the level of the local documents accepted by the sports organizations for the Federal law of July 27, 2010 N 193-FZ of the Russian Federation "conciliation procedure with participation of the intermediary (mediation)".

3. To fix the following official names of alternative dispute settlement procedures as sports: "sports Ombudsman", "conciliatory sports procedures", "expert opinion on sports", "sports mediator" for inclusion 04.12.2007 № 329-FZ in the "Law on physical culture and sports in the Russian Federation".

4. Introduce a mandatory pre-trial procedure for the settlement of sports disputes before going to court.

5. Create a sports psychological service, which will be specialists conflictologists, sports psychologists, who will conduct training and business games, exercises for athletes aimed at the development of emotional competence. The addressees of this recommendation are coaches, athletes in sports organizations.

6. To carry out the technique of "Conflict situations in sports" (2005. Petrov Si) for the primary identification of psychological characteristics of the athlete in the current conflict with significant subjects of his sports activities.

7. To conduct trainings for athletes, including the following exercises: exercise "Conversation through the glass" (developed by V. B. Berezkina-Orlova, M. A. Baskakova), exercise "Reflection" (developed by V. B. Berezkina-Orlova, M. A. Baskakova), Exercise "My strong experience" (developed by N. Yu. Cartilage), exercise "Be ready" (developed by M. Reynolds), exercise "politeness Festival" (developed by E. O. Smirnova, V. M. Kholmogorova). Exercises are aimed at the development of emotional competence of athletes.