

Summary of final qualifying work

Theme of qualifying work: **"Technology of social services that improve the quality of life of older people (based on materials of Pyatigorsk kcsn).**

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Relevance of the research topic. Over the past thirty years, the number of people aged 60 and older on the globe has almost doubled, and in Russia, the number of elderly people now makes up almost 20% of the country's population. This social group of the population, due to changes in health, social status and lifestyle, has difficulties in the social and household sphere and psychological adaptation to new living conditions. It is involuntarily reflected in their position in life, communication style, and value orientations.

The President of the Russian Federation, Vladimir Putin, in his annual message to the Russian people and the Federal Assembly, noted that ..."In recent years, the growth rate of average life expectancy in Russia is one of the highest in the world. We managed to achieve this. Life expectancy has increased by more than seven years to 73 years. But this, of course, is not enough. Today, we must set a goal of a fundamentally new level. By the end of the next decade, Russia should confidently join the club of countries "80 plus", where life expectancy exceeds 80 years. This includes countries such as Japan, France, and Germany. At the same time, the duration of a healthy, active, full-fledged life should grow at a faster pace, when a person is not restricted or fettered by diseases. I am convinced that this goal, given the positive dynamics of the past years, is achievable. And for this, the whole of Russia, of course, will have to make a big step in its development, so that the life of every person will change qualitatively."

Social workers and social service organizations in Russia will have to implement these guidelines for future social policy in relation to elderly citizens, which were announced by the first person of the state.

The solution to the problem of preserving the active life position of older people in the modern social context should be sought in the field of leisure. This is due to the fact that in most cases, the structure of life activity changes in old age. Due to the termination of employment, the educational and vocational spheres may

completely fall out of it, and the domestic sphere may be significantly reduced due to progress in medical and household services. All this leads to a significant increase in the amount of free time for older people.

In these conditions, the activities of social institutions, according to E. V. Galazhinsky, O. V. Orlova, R. Freijer, D. Feydimen, should be focused on the use of their own reserve capabilities of recipients of social services, who are often educated people with increased spiritual needs, who want to realize their intellectual and social potential.

It is relevant to refer to the category of "elderly citizens". Due to the fact that the problems and interests of the country's elderly population, whose share increases every year, this category of population becomes the subject of socio-political discourse. Solving the problems that arise in the course of functioning of the modern organizational mechanism, the activities of social service centers, as a provider of social services to elderly citizens, requires their deep scientific and methodological study.

The above factors determine the relevance of the topic of the final qualifying work.

Purpose: scientific justification and analysis of social technologies used in social service centers to improve the quality of life of elderly citizens – recipients of social services in order to improve them.

Research problem:

- consider theoretical approaches to the definition of "social assistance and support" for the elderly;
- to investigate the definition of "elderly people" as an object of social assistance and support in modern scientific discourse;
- to study technologies and principles of social and pedagogical support for the elderly;
- analyze regional program initiatives of the Ministry of labor and social development of the Stavropol territory aimed at improving the quality of life of senior citizens;
- to summarize the experience of the social service centers of the population of the Caucasus Mineral Waters in the application of modern technologies that improve the quality of life of elderly citizens;

- to develop and test the Project "Beauty, health and success at any age!" for the recipients of social services of the Piatigorsk integrated social service center, aimed at improving their quality of life.

Object of research: elderly citizens, recipients of services of social service centers.

Subject of research: modern technologies aimed at improving the quality of life of elderly citizens in social service centers

The theoretical significance of the research lies in the fact that the conclusions and proposals formulated in the work concerning the activities of social service centers as a provider of social services, including to elderly citizens, can be used for further scientific development of the problem.

The practical significance of research consists in the possibility of further use of research results in daily activity centers and implemented in their programs of social services for senior citizens, aimed at improving the quality of life that will surely lead to the improvement of their activities.

Approbation. Project " Beauty, health and success at any age!» the Pyatigorsk integrated center for social services aimed at improving the quality of their life was implemented for the recipients of social services – senior citizens.

Research result.

We successfully solved the tasks together with the supervisor at the beginning of final qualifying work: in detail the main theoretical approaches to the definition of "social assistance and support" in relation to the elderly; researched the definition of "elderly" as the object of social assistance and support in contemporary scientific discourse; studied technology and the principles of socially-pedagogical support of elderly people in Russia. In the practical part of the work, we analyzed regional program initiatives of the Ministry of labor and social development of the Stavropol territory aimed at improving the quality of life of older citizens; we summarized the experience of the social service centers of the population of the Caucasus Mineral Waters in the application of modern technologies that improve the quality of life of older citizens.

We were able to develop and test the project "Beauty, health and success at any age!" for the recipients of social services of the Pyatigorsk integrated social service center, aimed at improving their quality of life, under conditions of quarantine and self-isolation.