

## **The final qualifying work**

**The theme of the final qualifying work:** Extreme tourism as a prospective trend of destination development (the case of the extreme tour creation in North Caucasian Federal District).

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**Topicality of the theme of research:** Extreme tourism rapidly gains popularity both in Russia and the whole world, and North Caucasian Federal District is no exception. Different directions of this type of tourism such as water tourism, hiking and others are actively developing worldwide. North Caucasian Federal District abounds in natural resources for developing extreme tourism, which are able to satisfy the most diverse requests and needs of customers. From high mountain peaks to steppe landscapes, from rocky cliffs to gentle slopes, from swift-flowing rivers to deep lakes – all these terrain features can be found in North Caucasian Federal District. Extreme tourism has a great potential to occupy a niche in the tourism sector of North Caucasian Federal District confidently and firmly, as well as to develop a constant customer base. This is another argument in favor of developing the stated research theme.

**The purpose of the final qualifying work:** the development of an extreme tour program for North Caucasian Federal District.

### **Tasks of the research:**

1. to characterize North Caucasian Federal District as a tourist and recreational center;
2. to analyze thematic resources of the region for working out an extreme tour;
3. to make a general analysis of the region's infrastructure and choose the optimal infrastructure facilities for organizing an extreme tour;

4. to choose the route and draw up the project documentation of the extreme tour;

5. to calculate the cost of the extreme tour.

**Theoretical and practical significance of the research:**

1. The possibility of using the information received for further study of the tourist and recreational resources of North Caucasian Federal District for the purpose of organizing extreme tourism.

2. The tour developed within the framework of the final qualifying work can be used in the work of travel companies operating in the tourist-recreational North Caucasian region.

**The results of the research:**

As follows from the analysis of extreme resources and infrastructure facilities of North Caucasian Federal District, different types of extreme tourism have broad development prospects in this region. The lack of an advertising campaign, as well as highly skilled instructors was identified and the importance of state support and improvement of existing routes was determined.

As follows from the study, we developed an extreme tour for young people. This tour is unique, and can be used by travel companies organizing tours in North Caucasian Federal District.

The developed tour can be presented as one of the ways to expand the themes of tourist routes in North Caucasian Federal District, and positively influence the dynamics of tourist flows in the region.