

## Summary

**The theme of the final qualifying work:** The Organization of Cultural and Leisure Activities of Children in Health Centers.

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**The relevance of the research:** is due to the fact that the current socio-economic situation determines the strategic objectives of the development of state care of children, where the development of the system of organizing cultural and leisure activities of the youth acquires special significance in order to eliminate the negative phenomena that have emerged in the cultural and spiritual life of society. Children's health camps play a particularly important role in the organization of cultural and leisure activities for children and adolescents. All activities of these institutions are related to the implementation of health and educational functions. In the educational-educational and cultural-recreational space of the camp, the possibility of including children and adolescents in various activities is realized. At the present stage of development of Russian society, the potential of these institutions is not fully utilized.

**The aim of the research:** on the basis of generalization of the theory and practice of the organization of cultural and leisure activities in health centers to develop recommendations on the project for the improvement of the activity on the example of the all-Russian children's center “Orlyonok”.

### **Objectives of the study:**

- to study the theoretical foundations of cultural and leisure activities;
- to identify the peculiarities of the organization of cultural and leisure activities in health centers;
- to observe domestic and foreign experience on organization of rest and health improvement of children;

- to characterize the activity of the all-Russian children's center “Orlyonok” as the children's health camp;
- to perform cultural and recreational program of the center;
- to identify areas for improvement of cultural and leisure activities in the all-Russian children's center “Orlyonok”.

**Theoretical significance of the research:** is determined by the expansion, accumulation, deepening of theoretical knowledge about the ways of organizing cultural and recreational activities of children and adolescents in the context of specific children's centers, as well as applying the knowledge and projects developed in practical work with young people.

**Practical significance of the research:** is primarily due to the possibility of using the research foundations in the practical activities of children's health-improving institutions.

**The results of the study:** in the course of the research, the theoretical foundations of cultural and recreational activities were studied; conclusions were drawn regarding its nature, functions, and organization specifics in rest and health improvement institutions. We also conducted an analysis of cultural and recreational activities carried out at the all-Russian children's center "Orlyonok", during which it was revealed that all activities of the camp are related to the implementation of recreational and educational functions. In the educational activity of the camp, it is possible to include children and adolescents in various tasks through which the transmission of cultural practices, social norms and relationships, orientation to universal values is achieved. After studying the main components and activities of cultural and recreational programs implemented in the camp, we proposed a draft program developed for children's camp “Rapid”.

**Recommendations:**

1. To organize collective, individual and joint activities that will promote the health of adolescents, the development of their motor activity, as well as the formation of their skills of a healthy lifestyle.

2. While organizing the cultural and recreational activities of children it is vital to continue to introduce new technologies of work.
3. It is necessary to continue to expand the list of programs implemented in the center.
4. The structure of the program should include the following areas of cultural and recreational activities: cultural, creative, analytical, recreational, communicative, and ethno-cultural.
5. On the basis of the organization of cultural and recreational activities of the children's health camp, it is advisable to put a triple rhythm, which is based on the development of thinking, feelings and the will of the child. In this regard, the organization of daily leisure should be as follows:
  - practical activities;
  - mental activity;
  - leisure activities.