

Abstract of the Final Qualification work

The theme of the Final qualification work:” The systemic research of the Internet-dependent behavior in primary school age”.

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The actuality of the theme of the research. One of the most significant innovations of the modern society is the intensive development of different Internet technologies and as a result of their using a new Kind of pathological addiction – internet-addiction has appeared. One of the vulnerable periods in the forming of the Internet-addiction is primary school age with its own distinctive features: low self-assessment, lack of self-confidence, conformality, etc. Internet gives a primary school pupil a beautiful chance to realize his ideal conception of himself, his fantasies, imaginations, dreams which are impossible to reach in real life. Such a behavior frees a child from the necessity to stand tensely, pain or frustration and takes away anxiety. The extra factor in the origin of the Internet-dependent behavior is the expenses of parental upbringing, which in fact form individual dependence. So, the problem of the research of the Internet-dependent behavior among primary school pupils is actual and urgent.

The Aim of the work.To reveal the individual features of the primary school pupils predisposed to the Internet-dependent behavior; to work out and to realize the programme of preventive measures among Internet-dependent primary school pupils which is based on the understanding of the specificity of their individual development.

The Tasks:

1. To carry out a theoretical analysis of psychological factors in the appearance of the Internet-dependent behavior in primary school age.
2. To reveal the specificity in developing the structures of integral individuality among primary school pupils, predisposed to Internet-addiction.
3. To work out the programme of psychological preventive measures among the Internet-dependent primary school pupils, which is based on the

understanding of their individual features.

4. To check experimentally the efficiency of psychological preventive measures of the Internet-dependent primary school pupils.

The theoretical and practical importance of the research. The conceptions about Internet - addiction among primary school pupils in foreign and home psychology were summarized in the process of the work, the specific personal and social psychological features of primary school pupils disposed to the Internet-addiction were also described in the work. The results of the research can be used in individual psychological consultations and correction measures with primary school pupils. They can also be used in seminars and in working out the preventive measures programmes of different dependent forms of behavior. The worked out programme can be used by psychologists in secondary schools.

The results of the research. In the qualification work we have revealed the peculiarities in developing the structures of integral individuality among primary school pupils predisposed to the Internet-dependent behavior. According to the results of the experiment a preventive measures programme of Internet addiction was worked out and it takes into account personal and social-psychological features of a primary school pupils. The program helps prevent the forming of pathological addiction to using Internet resources, level of the personal features which dominate the appearance and the development of the Internet – dependent behavior.

Recommendations. Both psychodynamic and personal social-psychological features of integral individuality form the predisposition to Internet-addiction among primary pupils. The worked out preventive measures programme makes it possible to prevent the Internet addiction and helps harmonize the development of the structures of pupils' individualities. The material can be recommended to psychologist of secondary schools, to the teachers and the students, who are interested in the problem.