

Annotation

Theme of dissertation: "Psychological counseling students on issues of psycho-emotional well-being"

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Topicality of the work is to study the emotional sphere of students younger school age and development of the program of psychological assistance correction of emotional disorders and the formation of psycho-emotional well-being among primary school pupils.

Objective: to study and analyze the possibility of psychological counseling younger students to stabilize their emotional state institutions of extended education.

Objectives:

- examine the current views of researchers on the features of the emotional state of schoolchildren
- to reveal the peculiarities of the emotional sphere of younger students and its disorders
- to study features of influence of counseling on the emotional sphere of schoolchildren
- to present the experience of conducting psychological counseling younger students to stabilize their emotional state
- to conduct an empirical study of the effectiveness of a program of psychological counseling for the purpose of formation of psycho-emotional well-being of younger students at institutions of further education.

Object: emotional sphere of younger students.

Subject: psychological counseling at institutions of further education as a form of psycho-emotional well-being of younger students.

Hypothesis. The research is the assumption that the formation process of emotional well-being of younger students will be more effective if the psychologist uses psychological-pedagogical counseling, based on diagnostic data about the degree of development of the emotional sphere of children and their level of emotional well-being, as well as on the basis of the correction of the emotional sphere, taking into account age-related psychological characteristics of schoolchildren in the process of conducting psychological counseling.

Theoretical significance of the research. In the process of theoretical research were presented to the peculiarities of the development of the emotional sphere of students of primary classes, and summarized theoretical approaches to

solving emotional problems of schoolchildren in the process of psychological counseling at institutions of further education.

Practical significance of the research. In terms of the practical activity carried out an empirical study of the role of psychological counseling of junior schoolchildren in the process of formation of psycho-emotional well-being in the Home of children's creativity, the conditions of psychological counseling younger students, contributing to their emotional development.

The results of the research: studied modern views of researchers on the features of the emotional state of schoolchildren the peculiarities of the emotional sphere of younger students and its disorders, the influence features of psychological counseling on the emotional sphere of schoolchildren presents the experience of conducting psychological counseling younger students to stabilize their emotional state, conducted an empirical study of the effectiveness of a program of psychological counseling for the purpose of formation of psycho-emotional well-being of younger students at institutions of further education.

Recommendations. Correctional work with children to overcome violations of the emotional sphere should be based on three lines: the individual approach and support, group work, mini-group. Here we cannot say about working with the family, because remedial work is carried out with the help and support of parents. In addition to advisory work on requests psychologists conduct for parents round tables and interviews for the purpose of correcting the parental position, based on a deep understanding of the mechanisms of intra-family interaction with the child.