

## **Summary of the final qualifying work**

The topic of the final qualification work: "Implementation of the concept of "Active longevity" in the day care department of the elderly of the Center for social Services of the population (on the example of GBUSO Pyatigorsk KTSON»)

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Relevance of the research topic. Population ageing is generally recognized as one of the main global challenges to socio-economic development. At the same time, in recent decades, the world's perception of aging has been transformed from sharply negative to balanced, taking into account not only the problems arising from the change in the age structure of the population, but also the opportunities that open up in the areas of consumption, lifestyle and quality of life, economic, social and political activity, as well as education. The concept of active longevity, first formulated in 2002. In the World Health Organization's Active Longevity Framework Strategy, it describes "the process of optimizing opportunities for health, participation in society and human security in order to improve the quality of life during aging". The basic principles of active longevity were included in the outcome document of the Second World Assembly on Ageing, the Madrid International Plan of Action on Ageing 2002.

In the Russian Federation, the concept of "active longevity "is used in such strategic documents and projects as the Strategy of Actions in the Interests of older Citizens in the Russian Federation until 2025, the national project" Demography "and the federal project"Older Generation". However, the lack of a clear definition of this concept in these documents, recognition that the conditions for active longevity are laid down throughout life, and an agreed list of priorities for realizing the potential of active longevity act as a barrier to conducting a comprehensive and effective policy in this direction. The draft Concept of Active Longevity Policy, prepared by a multidisciplinary and interdepartmental working group for the expert development of the draft concept of "Active Longevity in the Russian Federation" on the basis of the HSE, is intended to help fill this gap.

it is important to note that Russia has accumulated some experience in social work with the elderly. The Constitution of the Russian Federation stipulates that the Russian Federation provides State support for elderly citizens, establishes State pensions, benefits and other guarantees of social protection, and develops a system of social services.

In social service centers, specialists use various technologies of social work with elderly citizens, such as: interest clubs, self-help groups, information and communication technologies, social tourism, occupational therapy, psychological schools. Despite the many measures taken to address the problems of older people, this is not enough. It seems relevant to us to address the topic of active longevity, since these are the prospects for the development of the theory and practice of social work. We assume that in the very near future the work of day-care departments of social service centers will be improved in the aspects of implementing this concept. This is what our final qualification work is dedicated to.

The purpose of the work is to study the possibilities of practical implementation of the concept of "Active longevity" in the day care department of the Center for social Services of the population.

Tasks of the work:

- to consider theoretical approaches to the definition of "elderly person»;
- describe the features of providing social assistance and services to elderly citizens in social service centers of the population;
- to analyze the content of the activities of day-care departments of social service centers in the context of providing assistance and support to elderly citizens.
- determine measures of social support for the elderly in the Stavropol territory;
- to summarize the experience of the Pyatigorsk ktsson with elderly citizens in the day care department;
- to develop proposals for the organization of activities aimed at implementing the provisions of the concept of "active longevity" in the day care department of elderly and disabled citizens of the Pyatigorsk ktsson.

The object of the study is elderly people as a special social group.

the subject of the study is the activity of day care departments of elderly citizens of social service centers in the context of the implementation of the concept of "active longevity".

theoretical and practical significance of the study. the results of this study allow us to expand the theoretical understanding of the content of social work aimed at improving the quality of life of older citizens in the russian federation.

The provisions, conclusions, and methodological recommendations of this study can be used by social service centers to improve the efficiency of their work, as well as in the process of implementing social work with the elderly, teaching courses on social work.

Results of the study. In the first chapter, we considered theoretical approaches to the definition of "elderly person", characterized the features of providing social assistance and services to elderly citizens in social service centers and analyzed the content of the activities of day care departments of social service centers in the context of providing assistance and support to elderly citizens.

In the second chapter of the final qualification work, we identified measures of social support for older people in the Stavropol Territory on the basis of open sources and data provided by the Ministry of Labor and Social Protection of Citizens of the Stavropol Territory. We came to the conclusion that support for older people in Stavropol Krai are actively involved successfully in such areas as: financial support and benefits, and centralized help and support in offices, daycare centers, social service of the population, of which currently 32. In addition, during the period of restrictive measures to reduce the risks of spreading the new coronavirus infection COVID-2019, social workers, together with volunteers, have organized home delivery of food, medicines and essential goods to elderly citizens and citizens classified as risk groups who are in self-isolation mode at their request since March 26. In all territories of the region, "hotlines" were opened for prompt reception of applications for assistance and counseling (daily from 8 to 22 hours).

We were able to summarize the experience of the Pyatigorsk KTSON with elderly citizens in the day care department, to find out that the center is one of the best social institutions in the region in terms of organizing leisure and educational activities. Physical activity of the elderly.

on behalf of the staff of the pyatigorsk ktsson, we have developed proposals for organizing events aimed at implementing the provisions of the concept of "active longevity" in the day care department of elderly and disabled citizens of the

pyatigorsk ktsson, which consist of a course of lectures (which can be held both offline and online), a set of discussion questions for each lecture.