

Summary

The theme of the final qualifying work: "Features of diagnostic and preventive activities of a psychologist in a multi-center of psychological assistance to families and children."

Author of the final qualifying work: Danilova Elena Aleksandrovna (37.03.01 Psychology (General profile) (PS)).

Supervisor: Ph. the course of studies, sciences, associate professor, professor department of psychology of personality and professional activity, Shvaleva N.M.

Information about the organization-the customer: the state budgetary educational institution "The center of psychological and pedagogical, medical and social help to a family and children" in Pyatigorsk.

The relevance of the research topic. Throughout the historical period, many approaches have been formed aimed at understanding the human psyche from different points of view. Currently, there are common methods of primary diagnosis, but the key word here is "General". The human being is unique in nature, so the approach to it should be as individualized. At this stage, such methods are under development in individual multi-disciplinary centers of psychological care. In this regard, the role of the primary diagnosis model for multi-disciplinary centers of psychological assistance to families and children is relevant and should be developed.

The model developed by us is a universal step-by-step system that is suitable for identifying the problem field of each client of a multi-disciplinary center. In this case, the study and further psychological assistance to adolescents experiencing difficulties in the communicative sphere are presented.

The aim of the research: to identify the features of the problem field of adolescents experiencing difficulties in the communicative sphere and to create a comprehensive model of primary diagnosis for multi-disciplinary centers of psychological care for family and children.

Objectives of the research:

1. To study the specifics of the work of multidisciplinary centers of psychological assistance to family and children;
2. Analyze the most effective programs and methods of primary diagnosis of children;
3. Make a block diagram of the primary diagnosis of children;
4. To study the personality characteristics of a teenager;
5. To carry out research on the effective identification of the problem field in children;
6. To develop a comprehensive model of primary diagnosis for multi-disciplinary centers of psychological care for family and children.

Result of work. To test the model of primary diagnosis, it was used for the examination of individual adolescents of the school №23 in Pyatigorsk (the school cooperates with the psychological center), experiencing difficulties in the communicative sphere. The respondents were:

1. The first group-students 8 "A" class;
2. The second group-students 8 "B" class.

The sample consisted of 32 people, ranging in age from 13 to 16 years. According to the results of the survey, statistical data processing and correlation analysis of r-Pearson, the problem field of adolescents experiencing difficulties in the communicative sphere is a set of problems that worry respondents. At the head of all revealed low/high self-esteem, more adhering to the first. What leads to low self-esteem and what leads to difficulties in the communicative sphere:

1. There is a tendency to understated indicators on the scales of self-esteem, self-interest, self-confidence, self-blame, self-understanding, waiting for a positive attitude of others;
2. Distinct strategies of behavior in conflict is a fixture, the rivalry;
3. Excessive self-blame leads to an underestimation of auto sympathy.

On the basis of the results obtained, a correction and development program "Improving the socio-psychological competence of adolescents in conflict situations" was formed in order to optimize the sphere of interpersonal relations. In group work with teenagers, the emphasis will be on the following personal characteristics: value self-attitude, self-understanding, self-interest, expectations of a certain attitude from others, self-esteem, self-confidence, self-empathy.

The main hypothesis, which consisted in the fact that the formulation of psychological inquiry on the problem of providing psychological assistance to a child of adolescence in a multi-center of psychological assistance to families and children need to explore the value of self-as a person, the level of social and psychological adaptation and preferred style of behavior in a conflict situation The goal set for us was achieved.

Work implementation. The created model of primary diagnostics was tested in practice and confirmed its effectiveness. In this regard, it is possible to introduce it into the activities of multi-centers of psychological assistance, including the state psychological center in Pyatigorsk. The model of this level can become a separate link and contribute to the completion of the formation of a comprehensive program of primary diagnosis in individual multi-centers that will use it.